

BREASTFEEDING?



Or considering it?

Breastfeeding is:

- Free
- Environmentally Sound
- Convenient
- Healthiest for Mother and Baby

La Leche League offers:

- Lending Library with books on breastfeeding, childbirth, parenting and nutrition
- Mother-to-mother support
- Leaders accredited by La Leche League International
- Latest Breastfeeding information
- Telephone help

NEW!!!!

**La Leche League of Fond du Lac
meets the fourth Wednesday of each month at 10 a.m.**

Meeting Schedule:

Feb. 23 -- The Advantages of Breastfeeding

March 23 -- At Home with Baby

April 27 -- Avoiding Common Breastfeeding Difficulties

May 25 -- Baby's Changing Needs

Pregnant and nursing mothers, and their children, are welcome at meetings.

La Leche League Leaders are available to answer breastfeeding questions.

For more information, or meeting directions, call
Monica (920) 922-3526 or 1-877-MOM-MILK.